

August 2024 Newsletter

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Stuff your ceilings!

Are you thinking about insulation for the winter? Of course you're not. But if you'd like to, ChalCAN can help. Insulation is one of the cheapest and quickest ways to bring your energy bill down.

ChalCAN are relaunching **The Insulation Project** to help everyone have a warmer, more energy-efficient home this winter, starting with a home heat loss survey. **We're giving away our first 10 home insulation surveys for free** – email info@chalcan.org.uk and we might make a star of you in a future newsletter!

Banks full of joy

Thanks to the efforts of the ChalCAN biodiversity group, Abnash Bank and the Parish Bank have been recognised as Conservation Verges by Gloucestershire CC. This means that, along with other identified areas in the villages, wildflowers and native species will be given priority to flourish over short-mown grass.

In other biodiversity news, Meadow Way is now officially open! And the Parish Council is in the

process of adopting a local Nature Action Plan, supported by Frithwood and ChalCAN. If you would like to make any suggestions or contributions to the plan, please email

info@chalcan.org.uk and we will add them to the recommendations.



Bicycles on the green

ChalCAN held its second e-bike fair at Chalford Community Market on 4 August. Over a dozen e-bikes were available for test drives and Q&A with their owners – including the two Benno bikes [now available for short or long term rental from Transition Stroud and The Bike Drop](#). It didn't rain. Everyone had a lovely time. Nobody fell off. Success!

One big date for your diary

Tickets now available for 'Entangled Life' with Merlin Sheldrake

Wednesday 13 November, 7:30pm

Thomas Keble School Main Hall

[Tickets available online here](#)

Merlin Sheldrake is a biologist and ecologist, and author of the prize-winning book *Entangled Life*.

Come and hear how fungi live in a hidden but massively diverse kingdom which supports and sustains nearly all living systems. Find out how fungi can change our minds, heal our bodies, and help us avoid environmental disaster.

We'll show excerpts from Merlin's film *Fungi: Web of Life*, narrated by Björk, and there will be plenty of opportunities to ask Merlin everything you have ever wanted to know about mushrooms.

Don't forget to bring your copies of *Entangled Life* for Merlin to sign!

Do you have social media creds? Can you plan an event?
Would you like to help ChalCAN out (pay possible)?
Email us on info@chalcan.org.uk – and thank you!