

New year, new resolutions for 2022

The start of a new year is a good time to make resolutions about what we can do to live more sustainably. Check out these suggestions.

- 1. Keep up the energy saving measures**
Is this the year to invest in insulation, a sustainable energy source, an electric car or bike?
- 2. Express your views and use your power as a consumer and voter**
Write to your MP, council and companies to let them know what action you would like taken.
- 3. Save and invest responsibly**
Research how your savings/pension fund is invested; opt out of fossil fuel companies in favour of those in renewable energy and low carbon concerns.
- 4. Sharing is caring and reduces your carbon footprint**
If you need a new tool, book or outfit consider borrowing, or use sites such as [freecycle.org](https://www.freecycle.org).
- 5. Step up your recycling**
Go beyond the weekly collections: sort batteries, electronics, wrappers and packaging, spectacles, bikes, toys, furniture, clothes etc. Details on ChalCAN website.
- 6. Audit your IT habits**
Review your browser, how much storage space you use, whether you could use a green network provider for your phone, how often you stream videos and films.
- 7. Switch to a green energy supplier**
Find a supplier using renewable sources, but beware of 'greenwash'. Few companies supply 100% green energy. You can compare green tariffs by using a price comparison site.
- 8. Take steps to cut the carbon in your diet**
Try cutting out or cutting down on meat and dairy. Buy local produce. Keep asking questions and checking labels.
- 9. Take action to promote biodiversity**
If you have a garden, try planting a tree, a hedge or sowing wild flowers, and you can create 'scrub' areas for insects, hedgehog highways through fences or bird boxes.
- 10. Help spread the word and talk to others**
Talk to your friends, family and colleagues about the steps you are taking to help combat climate change. Suggesting solutions may encourage others.